LOST & FOUND: If any of the following items belong to you, please come to the office to claim.

Air Pods
 Bank Cards
 Ear Buds (with colored case)
 Fitbit
 Scientific Calculator
 2x Watches

GRAD WEAR ORDERS READY FOR PICK UP

Grad Wear orders are available at the office. Students can pick them up during lunch or after school only. Please bring ID with you.

MANDATORY GR. 12 ASSEMBLY FRIDAY, MARCH 3 DURING FLEX

Attention all Gr. 12 students!! There is a mandatory meeting Friday, March 3 during Flex. We'll be talking about all things Grad, Commencement, and AfterGrad, including voting for the Grad theme. See you in the gym!

SPRING BREAK READING

Come to the Library Learning Commons and check out up to five books for holiday reading. All books checked out from now until Spring Break are due after the break. Search our catalogue and place holds here Port Moody Secondary Library Learning Commons - Home (sharepoint.com)

SLC MEETING

Hey PMSS! SD43's SLC is having a meeting this Friday, March 3rd! Our theme is relationships, and we will be discussing various topics and doing lots of fun activities plus pizza at the end! We have lots planned and we can't wait to see everyone from 4-5:15 at the education centre (1080 Winslow Ave, Coq). Please arrive at 3:55 so we can begin right away. To RSVP, please join the teams (f59ms7e) and react to the message so we can have enough food for everyone. We ask you to confirm your attendance by Thursday afternoon. This meeting we are proposing a challenge that will include a gift card prize at the end so be sure to bring your friends! We are also introducing an amazing opportunity to get involved in the community...stay tuned and see you all soon:)

UNIFIED 3-ON-3 BASKETBALL GAME DAY

Please join us on March 8th from 3:30 – 5:00 pm in the large gym where we will be hosting Heritage Woods and Terry Fox for a series of 10-minute games! Bring your enthusiasm to cheer on our athletes!

PMSS CUBING CLUB TOURNAMENT RESULTS!

Congratulations to Isabella P. for being the first ever PMSS Cubing Club Tournament Champion. She had top solve time of 11s and an average solve time of 14s. 2nd place went to Devon Y. and 3rd place was Kobe L. Congratulations to all competitors. Thanks to Ana, Bryan and WeiWei for organizing and to Mr. Birch and Mrs. Huculak for hosting us in the library. If you'd like to get involved in speed cubing, or just learn to solve a cube slowly, the club meets every Wednesday in room 322.

TENNIS TEAM

Hello PMSS! Spring is here, and the tennis season is almost upon us! If you are a tennis player, be sure to sign up for the school tennis team tryouts by scanning the QR codes on the tryout posters around the school and filling out the Microsoft Teams form, or you can use the physical signup sheet outside the physics office at Room 308. The tryouts will be sometime before spring break at the Port Moody Recreational Center, the exact dates will be sent to your emails once you have signed up. Try to have the applications in before the end of this week. We look forward to seeing you there!

CONGRATS TO THE WRESTLING TEAM

Here's an update on the Wrestling Provincials that took place this past weekend. It was very competitive with a hundred more wrestlers than last year. We some great results.

Individual results:

Ella F. placed 1st for the second time. She didn't have a point scored on her in the tournament and went undefeated in the high school season.

Max C. placed 3rd in arguably the toughest weight class. Sasha C. placed 5th in the same weight class.

William S. placed 5th in his first year wrestling.

The Girls Team took 6th Place overall.

SEAVIEW ELEMENTARY SCHOOL ALUMNI

Mrs. Duncan, beloved Kindergarten teacher at Seaview Elementary School will be retiring after spring break. Ms. Cowan is collecting memories from Mrs. Duncan's students, to put together a little video presentation. If you have a special memory of your time in Mrs. Duncan's class, please make a short video with your story and send it to Ms. Cowan at scowan@sd43.bc.ca. If you have any questions, you could also talk to Ms. Tsui

FRYER/GALOIS/HYPATIA AND EUCLID MATH CONTESTS

The PMSS Math Competition Club is offering the Fryer/Galois/Hypatia*, and Euclid** math contests this April!

Students in Grade 9 are eligible to write the Fryer contest.

Students in Grade 10 or below are eligible to write the Galois contest. Students in Grade 11 or below are eligible to write the Hypatia contest. Students in Grade 12 or below are eligible to write the Euclid contest.

*Students may only choose to write one of the Fryer, Galois, or Hypatia contests

**Students writing the Fryer/Galois/Hypatia contests may also write the Euclid contest

Fryer/Galois/Hypatia

Registration deadline: Wednesday, March 8th at 11:59 pm Contest date: Wednesday, April 5th, 3:30 - 5:00 pm

Price: \$12

Register here: https://forms.office.com/r/wfyEUVkfTw

Euclid

Registration deadline: Wednesday, March 8th at 11:59 pm

Contest date: Tuesday, April 4th, 3:30 - 6:00 pm

Price: \$18

Register here: https://forms.office.com/r/g3KM85mpci

For more information about the contests, visit https://www.cemc.uwaterloo.ca/contests/fgh.html or https://www.cemc.uwaterloo.ca/contests/fgh.html or https://www.cemc.uwaterloo.ca/contests/fgh.html or https://www.cemc.uwaterloo.ca/contests/fgh.html or https://www.cemc.uwaterloo.ca/contests/euclid.html.

If you haven't joined the Math Competition Club, sign up now at https://forms.office.com/r/dE2LuvbEPe for exclusive contest updates and information! If you have any questions, feel free to email pmssmcc@sd43bcca.onmicrosoft.com.

BLUES RUN CLUB

Whether it's to become more fit, try something new and push yourself, make new friends and fun memories, or for the potential cash prizes (\$3000 with multiple methods of winning including a random draw or team with the most members!), YOU should join our school's Vancouver Sun Run team, the "Blues Run Club"! The Vancouver Sun Run, Canada's largest running event, is an annual 10k held in our beautiful city every April. Bring your friends/family along with you too! Runners of all levels are welcome. Fill out this quick form if you are interested: https://forms.office.com/r/iJqZAyaDzq.

PAST YEARBOOKS FOR SALE

Yearbooks from 2018, 2019, 2020, 2021 are on sale for **\$25 CASH ONLY**. Please come by the office to purchase one during lunch or after school.

ONGOING

<u>PARENT FORMS & STUDENT FEES:</u> School District 43 uses the KEV School Cash Online (https://sd43.schoolcashonline.com) for both fee statements and District Policies forms.

STUDENT PARKING PASS: If you will be parking in the lower parking lot please come to the office at lunch or after school to pick up a Parking Registration form.

PMSS TIMES NEWSLETTER: The PMSS Times newsletter will be emailed to parents and students on *Tuesdays* and *Thursdays*. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and in the Library Learning Commons beside the circulation desk.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Room: 3066. Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at <u>jorose@sd43.bc.ca</u> or call 604-939-6656 ext. 3066. **Join the Port Moody Secondary Career center TEAMS page! Code to join:**

46n1w80 or e-mail Ms. Rose

Virtual / In-person Information Sessions, Presentations & University / College Fairs

Study and Go Abroad Fairs Experience the world of education. March 2nd Vancouver Convention Centre. For students looking to pursue an education at home or abroad, universities and colleges They are looking forward to welcoming students, parents and educators to the <u>Vancouver</u> Study and Go Abroad Fair on March 2nd Some of the highlights of this free event:

- Meeting face-to-face with universities and colleges.
- Learning about gap year, volunteering, language travel and work abroad options.
- Attending live seminars.
- Entering a draw to win some amazing prizes, including a free flight to anywhere in the world on Air Canada.

<u>Check out this link</u> for PDFs of poster or for more information visit, <u>VANCOUVER | Thursday, March 2, 2023 | Study and Go Abroad Fairs - Study and Go Abroad</u>

Upcoming UBC Engineering Events in 2023 Visit, <u>Upcoming events to share with your students (envoke.com)</u>. The following virtual and in-person events with any of your students that might be interested in learning how they can change the world and make a positive impact as future engineers.

The **Berkeley Changemaker** pre-college track offers international and domestic high school students the opportunity to live on campus and enjoy the summer at Berkeley. The goal of the Berkeley Changemaker pre-college experience is to inspire students to think more entrepreneurially and critically to impact positive change, no matter where their aspirations may lead them! In addition to a sound curriculum, students will also have the opportunity to participate in social activities, scavenger hunts and local excursions while building an amazing network of friends and colleagues from around the world. For more details see UC Berkeley Changemaker Pre-College Flyer Application deadline is March 14, 2023.

The Université de Montréal is proud to launch its much anticipated second Summer Immersion Program! When you're a student, nothing says summer like discovering the world, experiencing life and exploring new interests. What is the Summer Immersion Program? It's an immersion program for young people aged 15 to 17 from around the world who want to step into the fast-paced university world and join the student community of tomorrow. From July 15 to 29, 2023, they can walk in the shoes of UdeM students during a memorable stay on a charming university campus, at the foot of iconic Mont Royal and just a stone's throw from a culturally vibrant downtown. To learn more Summer Immersion Program (umontreal.ca). Application deadline is April 1, 2023.

University of Waterloo Info session in the drama room. Thursday March 30^{th} at 11:40 am -12:25 pm. The presentation will be what the next steps should be after applying and when you can anticipate hearing from them as well as answering some of your questions.

General Learning Opportunities

22+ TRADES TRAINING PROGRAMs, Visit "TRAIN in Trades" Programs - School District No. 43 (Coquitlam) (sd43.bc.ca) **Contact: Doug MacLean** Career & "TRAIN in Trades" Coordinator 604-341-8977 dmaclean@sd43.bc.ca

NEW Justice Institute British Columbia Interested in a career in law enforcement? Whether you want to be a police officer, sheriff, or a border officer, you can learn what it takes to be a successful recruit at their upcoming career fair. At the career fair you can ask questions about the various careers in the field and the education and training required. You can also meet with representatives from the Law Enforcement Studies Diploma program, RCMP, Canada Border Services Agency, Vancouver Police, Surrey Police Service, Delta Police, New Westminster Police, BC Corrections and Probation, BC Sheriff Service, Surrey Crime Prevention Society, E-Comm 911, private security companies and more. To register, register to attend: https://www.eventbrite.com/e/law-enforcement-studies-career-fair-tickets-560725704677
Date and time Mon, March 20, 2023, 11:00 AM – 2:00 PM PDT Location: JIBC New Westminster 715 McBride Blvd New Westminster, BC V3L 5T4

University of Toronto STEM Fellowship Branch. Invites you to their online event **Thursday, March 2nd** at 6pm EDT! This virtual event will consist of a current medical student at the University of Toronto speaking on their journey entering medicine and their experience in medical school. Discussions will focus on different routes to apply and enter medicine and overview of the medical school journey and career opportunities. The session will also offer opportunities to ask questions related to medical school, job prospects and untraditional routes to entering medicine. Register at https://utoronto.zoom.us/meeting/register/tZUkce-sqj4pE9xyOVH0dU2XqJIE7EabSAkT

BCIT 2023 Biotechnology Career Awareness Program. The program is directed at Grade 10, 11 and 12 students with an interest in science and is built on a partnership between BCIT, Life Sciences BC, local biotechnology companies and participating school districts. Priority will be given to those in Grade 12 because they will be graduating this year. For more information, visit BCIT 2023 Biotechnology Career Awareness Program. Qualified students send application forms to kathy_white@bcit.ca by MONDAY, MARCH 13, 2023.

The Canadian Bar Association - Barry Sullivan Law Cup 2023. The Barry Sullivan Law Cup is a province-wide public speaking competition for high school students to honour the memory of Barry Sullivan and his contributions to both the legal and educational professions. Students in Grades 10, 11 and 12 from all regions of B.C. are encouraged to apply. This year's winner will receive a cash prize of \$1,500. Second and third places will receive \$250 and \$150 respectively. For more information on the competition or to register by Wed, Mar 8, please view the CBABC's Barry Sullivan Law Cup page.

Camp Ignite is Calling all grade 11 & 12 girls in B.B. Do you have an interest in exploring the limits of your potential? You are invited to share this unique experience while working with a team of like-minded friends who share your passion for challenge and adventure. Camp Ignite is a youth firefighting mentorship program for grade 11 & 12 girls. Applications opened February 1, 2023. To be considered for participation please complete the Camp Ignite Participant Application Form-2023 and email it to info@campignite.com by April 1st, 2023. Application form and for more information visit, Camp Ignite - Camp, Firefighting, Summer Camp

The African Ancestry Project. Are you a BIPOC person living in BC between the ages of 15 and 19? Interested in meeting and connecting with like-minded peers who similarly come from diverse cultural backgrounds? Join the BC Black History Awareness Society and the SFU Morris J. Wosk Centre for Dialogue (CFD) for the African Ancestry Project's Youth Dialogue Series and unpack what it means to belong in a country known for being diversely multicultural. They are recruiting 40 BIPOC youth of and between ages 15 and 19 years across the province. Participation for each event is Free and includes workshop training, a physical copy of the project report "Worlds Within: Diverse Histories, Identities & Experiences of Black People of African Ancestry in British Columbia," and a certificate of participation. When: May 6, 2023. For more information and to apply visit, African Ancestry Project, Youth Dialogue Series Registration form (google.com)

SFU Upcoming STEM workshops & events

Game Design and Dev - Spring 2023

Date: Mar 4, Mar 11, Mar 18, Mar 25, and Apr 1 (all Saturdays)

Time: 10-11:30 am Delivery: Online via Zoom

Grade: 8-11 Cost: Free

Sign-up link: http://websurvey.sfu.ca/survey/439714738

Volunteer/Employment Opportunities

Rainforest Adventure Camps, Adventure Play Care Society www.RfCamps.com. Are a non-profit that has been providing camps for ages 5-12 and other programs in the Tri-Cities since 2019. Their goal is to empower and inspire youth and create community. They are always looking for kind, patient, and respectful people to volunteer for the activities they offer. Activities at camp include swimming, boating, laser tag in forests, parachute games, tag games, Capture the Flag, sports, board games, card games, hiking, arts and crafts, and more based on the interests of participants. Their out trips include White Pine Beach, the Coquitlam Aquatic Centre, Poirier Pool, Crash Crawly's, Buntzen Lake, Rocky Point, and more. If you are interested email http://www.rfcamps.com/Contact-Us/ indicating your interest.

The Royal Soccer Club, a registered non-profit organization is excited to host our 31st annual grassroots summer day camps to children aged 5 to 13 in your community. They have an amazing opportunity for students to <u>volunteer</u> at their camps this summer. Their program is designed to promote personal development, team building and of course, FUN! Offering full day and morning sessions to all children aged 5 to 13, the program runs all weeks in July and August. Candidate can apply by visiting the EMPLOYMENT page on their website <u>Home - Royal Soccer Club</u>.

Coquitlam Parks & Rec Job Fair Join City staff on March 4 from 12 to 4 p.m. at Glen Pine Pavilion (1200 Glen Pine Crt.) to learn about job opportunities, qualification requirements and tips and tricks for submitting a great application. The City of Coquitlam has been recognized as one of B.C.'s Top Employers for the sixth year in a row for 2023. Work somewhere fun and rewarding, where you can develop life-long career skills. Join Coquitlam's Parks, Rec and Culture team. They are currently hiring for a variety of positions, including instructors, support staff, supervisors, lifeguards, fitness staff, program leads, event staff and more. Click the link below to learn more about working with the City of Coquitlam and how to sign up for job alerts.

Port Coquitlam Recreation is excited to be offering several volunteer opportunities for people 14+ years of age beginning this over Spring Break and into the Spring, with opportunities for community members to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website at www.portcoquitlam.ca/volunteer.

2023 Vancouver International Children's Festival is interested in onboarding a few **Key Volunteers**

(KV's) right away, who can begin working within your school to recruit and screen more volunteers. KVs generally work around 20 hrs in advance of the Festival, and then transition into Crew Captain roles onsite during the Festival. Serving as a KV and/or Crew Captain provides very strong leadership and communications experience, plus being creative and fun. Any Volunteer who completes over 24 hrs of service will receive a personal reference letter from the Festival. If you are interested, please contact Ms. Rose at jorose@sd43.bc.ca or call 604 939 6656 ex. 3066

Sky's No Limit - Girls Fly Too! April 29-30, 2023 Main event days **volunteer** areas include: Passenger/Volunteer Check-In, People/Traffic Control, Motorcycle Security, Helicopter Support Crew, General Help. **Contact:** www.girlsfly2.ca

Port Moody Winter Farmers Market (Volunteer) For: Youth 13+ Runs: Every Sunday from Nov 6 2022 – April 30th 2023 between 8:00am – 3:30pm (2 hour shift minimum) Where: Parking lot of 300 loco Road 2022-23 Port Moody Winter Farmers Market - Volunteer Interest Form (google.com)

Scholarship / Awards

2023 Port Moody Secondary Scholarship Package – Grade 12 PMSS LOCAL, DISTRICT AND EXTERNAL SCHOLARSHIPS AND BURSARIES PROGRAM.

Local and District Scholarships: Apply using Port Moody Secondary School universal application form.

External Scholarships: Apply using separate application form. These scholarships have separate application forms and different deadlines.

To view the package and to apply, PMSS LOCAL and DISTRICT SCHOLARSHIPS AND BURSARIES PROGRAM (sd43.bc.ca).

NEW Skills For Hope Foundation Developing Skills, Changing Lives. Skills For Hope Foundation Scholarships - Student Awards are being awarded to individuals who have demonstrated the ability to overcome challenges, active involvement in the community or volunteerism, and are currently studying or accepted at post-secondary educational institutions in Canada.

Apply for Scholarships | Skills For Hope Foundation application deadline March 19th, 2023.

The Confratellanza Italo-Canadese was founded in 1904 and is committed to the preservation of Italian cultural heritage and contributing to the enrichment of the multicultural community in the Greater Vancouver area (for more information about us visit our web site at www.confratellanza.com. This year they are offering several \$1,000 scholarships to assist eligible students in their post-secondary studies:

The scholarships are open to this year's graduating secondary school students planning to enroll in a post-secondary educational institution for the first time in 2023. To be eligible for this scholarship candidates must 1) be of Italian origin i.e. as having at least one parent or grandparent of direct Italian descent, 2) be living in a city or municipality within the 21-member Greater Vancouver Regional District, 3) have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice, and 4) submit a completed application form with supporting documentation post-marked no later than **June 15, 2023**. To apply, <u>Scholarship Application – Confratellanza</u>

The Theatre Society Legacy Fund – Arts Education Bursary - Bursaries of up to \$2,000 each are available for students who have graduated or plan to graduate this year from a high school (public or private) in the Tri-Cities region (Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody). The Theatre Society Legacy Fund – Arts Education Bursary is intended for a student enrolled at a CRA-recognized post-secondary institution in Canada or internationally in a formal arts program anywhere in the world. Annual Bursary Application Intake: April 19th – May 31st. For more information and to apply visit, TSLF Bursary – PoCo Community Foundation (pocofoundation.com)

The RE/MAX Quest for Excellence Scholarship Program is a great opportunity for grade 12 students to earn a cash scholarship in recognition for their ongoing community contributions and pursuit of leadership. RE/MAX Canada will award 40 scholarships of \$1,000 each to students across Canada (except for Quebec).

Participants must be a Grade 12 student attending high school in the 2022/2023 academic year, who have not previously participated in graduation commencement ceremonies in the past.

Eligible students are invited to write and submit an online essay* up to 1,250 words in length, answering <u>one</u> of the following questions:

- What does a "bright future" look like for you?
- How have you demonstrated leadership or charity within your community to make it a better place?
- How can we ensure fair and affordable housing for all Canadians?

To apply, students are to submit their essay online: https://rem.ax/2023 QE Entry Form DEADLINE TO APPLY: MARCH 13, 2023

Eagle Ridge Hospital Auxiliary was formed in 1976 and is a volunteer service provider and fundraising organization supporting Eagle Ridge Hospital. **The Auxiliary will award** two Bursaries of \$2,500 each to two graduating Tri-Cities Students planning to pursue their post-secondary school education in the field of health care. Funds are awarded at the discretion of the Auxiliary's Bursary Committee. Bursary monies will be paid directly to the post-secondary institute the winner will be attending.

Applicants must be a Tri-Cities (Coquitlam, Port Coquitlam, or Port Moody) resident for a period of not less than two years and be planning a post-secondary education in the field of healthcare. Successful candidates must provide proof of registration from their chosen post-secondary institute by September 15th of this year. Failure to do so will result in the forfeiture of the award. Candidates will also be required to provide their Social Insurance Number to the Auxiliary for Income Tax purposes.

To apply and for more information visit, <u>2023-STUDENT-BURSARY-APPLICATION.pdf (erha.ca)</u> Closing Date MARCH 31ST. 2023

Trevor Linden Community Spirit Scholarship rewards students who have demonstrated outstanding leadership abilities and exemplary contributions and commitment to enriching the lives of others in the community. The Trevor Linden Community Spirit Scholarship recognizes four student leaders in the province of British Columbia who are entering their first year of post secondary education. Submit application by May 1st 2023 5:00pm. To apply and for more information please visit Trevor Linden Community Spirit Scholarship | Vancouver Canucks (nhl.com)

BCIT is pleased to announce that the following Entrance Awards are available to students who are planning to attend our institute starting *May 1, 2023 to April 30, 2024*.

- Up to 25 BCIT President's Entrance Awards, available only to current High School students
 - Valued up to \$4,000 each.
 - Deadline: April 15, 2023
- Over 100 additional BCIT Entrance Awards
 - Some valued up to \$18,000 each.
 - Deadlines: April 15 and/or October 1, 2023

More information about BCIT Entrance Awards and the application forms can be found at bcit.ca/financial-aid.

The Coquitlam Teachers' Association Awards and Bursaries are available to SD43 students. The deadline to submit applications (other than the Roy Krutow) to the CTA is June 1. For more information and to apply, please visit Forms & Scholarships - Coquitlam Teachers Association.

Coquitlam Foundation Scholarship And Bursary_Primarily distributed to graduating high school students who are in need of financial support, adult learners are also welcomed to apply to continue their post-secondary education. Visit Bursaries (coquitlamfoundation.com) for more details. Application is open from December 1st to March 31stCoquitlam Foundation Scholarship and Bursary Application (airtable.com)

Since there are multiple bursaries and scholarships to choose from, applicants can apply to any or all that they are eligible for. However, only one scholarship/bursary will be awarded per applicant.

2023 Horatio Alger Association of Canada Scholarship. Scholarships of up to \$10,000 are awarded to full-time students grade 11 high school students with financial need (family income under \$65,000) who have demonstrated integrity and perseverance in overcoming adversity, a commitment to pursue a post-secondary education, a desire to contribute to society, and a good academic record. To apply. For more scholarship opportunities visit, About Our Scholarship Programs - Horatio Alger Association Canada. Deadline March 15th, 2023

The TEAL Charitable Refugee Awards. The TEAL Charitable Foundation (TCF) was established by BC TEAL in 1986 and is registered as a charitable organization with Revenue Canada. TCF's charitable status enables it to engage in fundraising activities to support its mandate. The TEAL Charitable Foundation's mandate is to support the teaching and learning of English as an additional language. Each year, the TCF presents twelve awards valued at \$35,500 each year. The awards are funded through interest accrued from the TCF endowment which is administrated by the Vancouver Foundation. For more information, visit TCF Awards for Students – TEAL Charitable Foundation

PARENTS

For information regarding PAC, please visit https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages

Please mark your calendars for upcoming PAC Meetings:

- Tuesday, April 4th at 7pm
- Tuesday, May 2nd at 7pm
- Tuesday, June 6th at 7pm



AFTER GRAD 2023

The Parent After Grad Committee needs your help. Please consider supporting one or more of the following fundraisers.

Parents join the committee and be a part of the planning. We still have several jobs that need to be filled. Volunteers are what makes this night happen. Contact Heather Skipworth for more info: 604 836 6570 skippys@shaw.ca

Our next meeting is Wednesday, March 8 – 7pm in the library

Follow us and look for updates on: Instagram: pms_grad_2023 Facebook: PMSS AfterGrad 2023

FUNDRAISERS:

ME and ED'S PIZZA NIGHT:

<u>Wednesday, March 8, 2023</u>: Our first pizza night is next week. Take the night off from cooking and support our grads!! Order dinner from Me & Ed's at either the Coquitlam 604 931 2468 or Port Coquitlam 604 942 1200 location and mention Port Moody Secondary AfterGrad for us to receive 20% of the sales. (dine in, take out or delivery)

Meridian Farm Fresh After Grad Fundraiser How it Works

Sell Meridian Gift Cards to family, friends & neighbours!

Meridian Meats will give **30%** of proceeds back to After Grad!

Collect names, contact information and payment from sponsors on the form provided.

E-transfer total sponsorship payment to sharpers@shaw.ca along with completed form Meridian-Ralphs-Farm-Fresh-Fundraiser-Form

OR

Drop off completed sponsorship form & payment to office in a sealed envelope marked After Grad Committee. Make cheque payable to:

Port Moody Secondary School PAC mark After Grad on Memo line **Fundraiser ends March 6** and gift cards will be ready for distribution before Spring Break.

Gift cards never expire and are 100% redeemable at any one of our eight convenient Meridian or Ralph's locations (see attached order form). Gift cards are not redeemable online.

Feel free to email questions to sharpers@shaw.ca

PUB NIGHT: Mark it in your calendar!

Port Moody Legion 2529 Clarke Street <u>Friday, April 14, 2023</u>

Cost: \$25.00

Grab your family and friends and join the Port Moody dry After Grad for a burger and beer.

PORT MOODY LIQUOR STORE:

Ongoing, runs all year. When making a purchase at the Port Moody Liquor Store simply mention that you would like to support PMSS After Grad (**BEFORE PAYING**) and they will return a 5% percent of the sales. The store is located at #4 – 2929 St. Johns Street (same strip mall as the 7-Eleven)

RETURN-IT (Any location):

Ongoing, runs all year. Getting ready for spring cleaning donate your returnables to Aftergrad

- 1. Bring your unsorted containers in a sealed, clear or transparent bag to any Return-It Kiosk.
- 2. Use the schools phone number 604 939 6656 at the Kiosk to access our account "Port Moody Secondary After Grad" and print labels. (1 per bag)
- 3. Tag and scan bags then place in bins in the back

(Max 12 glass bottles per bag to prevent breakage)

Online 50/50: Coming to a computer near you.....keep an eye on the times for details

School Cash Online: https://sd43.schoolcashonline.com and select "After Grad Donation"

With appreciation,

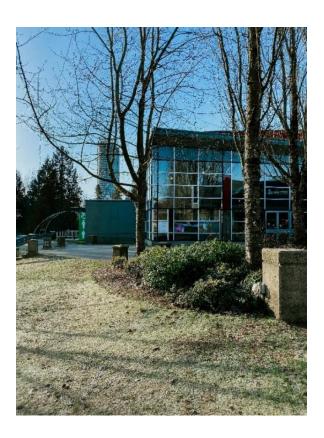
PMSS After Grad Committee

COMMUNITY





MARCH AT EVERGREEN



Join us for tons of family fun at Evergreen!

It may not feel like spring is on the way thanks to all the snow this week, but the seasons are changing. And that means the return of our annual Spring Break Festival and seasonal camps is almost here!

Click **HERE** to explore our upcoming events.



2023 Tri City REACH AWARDS

Recognizing Efforts and Achievements Across Community & Home

The Tri City REACH Awards recognizes the generous contributions of individual youth, youth groups, businesses, organizations, and adult mentors in Coquitlam, Port Coquitlam and Port Moody who empower, celebrate, and/or impact youth or the community in significant ways. This year's event will celebrate the artistic beauty and magnificence of the Roaring 20's. The Roaring 20's, as well as the Great Gatsby, will inspire the evening's events, décor and entertainment.

DEADLINE: Please submit nominations online https://forms.portmoody.ca/Recreation/2023-Tri-City-REACH-Awards-nomination-form or in-person by April 7, 2023. NOTE: One submission per nominee.

Please nominate a youth or youth advocate who has contributed to the community or positively supported youth (11-18 years). NOTE: All eligible nominees will be recognized and expected to attend the REACH Awards Ceremony on Wednesday May 3, 2023, 6pm-8pm at the Port Coquitlam Community Centre -2150 Wilson Ave)

NOMINATION CRITERIA:

Individual Youth or Youth Groups:

- Individual youth or members of youth group must be in grades 6-12.
- Examples include:
 - o Nominee(s) volunteered consistently on behalf of others, the community, and/or the
 - o Nominee has been a positive role model for their peers and/or is committed to community service.
 - o Individual has overcome adversity in his/her life.

Businesses or Organizations:

- Any local non-profit, private or public organizations such as: community service organizations, stores, restaurants or government agencies who have made a positive contribution to youth.
- Examples include: providing funding, space, fundraising initiatives, creating positive opportunities, offering free or low-cost youth programs, specializing in youth employment, influencing safety for young workers, etc.

Individual Adult Mentor:

- An adult who volunteers or works for the benefit of youth. Nominee must be a positive role model who has made a special effort to support youth in the community.
- Examples include: coach, teacher, youth worker/counsellor, mentor, neighbour, friend, etc.

Completed forms can also be sent to:

Tara Berdej

Phone: 604.927.6002 tberdej@coquitlam.ca

Coouitlam

Corina Lefebvre

Phone: 604.469.4562 clefebvre@portmoody.ca

PORT MOODY CITY OF THE ARTS

Emmanuel Addo

Phone: 604.927.6932 addoe@portcoquitlam.ca





2023 Tri City REACH AWARDS NOMINATION FORM

NOMINEE INFORMATION: Who are you nominating? Please check one.	
☐ Individual Youth (Grades 6-12)	☐ Business or Organization
☐ Youth Group	□ Adult Mentor
Nominee Name (First & Last name) <u>OR</u> Name of Business/Organization/Youth Group:	
Grade (if applicable):School (if applicable):	
Address:	City:
Nominee's Cell Number:	Email:
Parent/Guardian: (Name)	(Phone Number):
1. What qualities, skills and characteristics make this nominee a good candidate for a Tri-City REACH Award? E.g. goal oriented, strong work ethic, ability to work well under pressure, innovative ideas & development.	
2. List the <u>specific</u> community service/volunteer work that the youth/youth group has accomplished <u>OR</u> list the ways that the business/organizations or adult mentor has supported youth in recent years. E.g. participated in a graffiti removal program, business provided food donations for youth dinners.	
3. How has the nominee's effort made a positive diffinal in a soup kitchen and fed over 500 people, provided	
4. Other interesting facts about the nominee. E.g. sponsored a child in Africa for three years, loves rock and roll music and plays free concerts in the community.	
Nominator Information:	
Name (First & Last name):	
Address:	City:
Relationship to Nominee:	

Email:

Affiliated Business/Organization: ___